

Purchase pause list

Write down optional items with the date added and a day to reconsider, then record what you decided. No prices.

On the reconsider date, ask

1. Is it necessary — would going without it affect health, safety, work or care?
2. Do I already have something that works?
3. Does it fit my rules?
4. Would waiting longer help?

Reaching the date never means you should buy it.

ITEM	CATEGORY	ADDED	RECONSIDER ON	OUTCOME
				no longer wanted · alternative · bought (rules) · bought (outside) · wait
				no longer wanted · alternative · bought (rules) · bought (outside) · wait
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